



APRIL MENU 2014

Ashland-Greenwood Breakfast/Lunch



Breakfast: Pancake on Stick or Cereal Lunch: Breaded Beef WG Tea Roll Orange Mashed Potatoes & Gravy	Breakfast: Omelet & Toast or Cereal Lunch: Turkey & Ham Roll Up w/ Cheese Applesauce Baked Beans Shredded Lettuce	Breakfast: Pancakes or Cereal Lunch: Teriyaki Chicken Rice Kiwi Steamed Peas Red Pepper Slices	Breakfast: Breakfast Pizza or Cereal Lunch: Pizza Mozzarella Cheese Sticks Mixed Fruit Broccoli Cucumber Slices	Breakfast: French Toast or Cereal Lunch: Super Nachos Red Apple Carrots Celery
Breakfast: Pancake on Stick or Cereal Lunch: Spaghetti w/ Meat Sauce WG Breadstick Diced Peaches Romaine Lettuce Salad	Breakfast: Omelet & Toast or Cereal Lunch: WG Toasted Cheese Sandwich Tomato Soup Golden Apple Broccoli	Breakfast: Pancakes or Cereal Lunch: Hamburger on WG Bun Apricots Baked Beans Cucumber Slices	Breakfast: Breakfast Pizza or Cereal Lunch: Crispito w/ Cheese Scrabble Crackers Pineapple Tidbits Asparagus Celery	Breakfast: French Toast or Cereal Lunch: Breaded Chicken on WG Bun Mandarin Oranges Tator Tots Cauliflower
Breakfast: Pancake on Stick or Cereal Lunch: Hot Dog on WG Bun Graham Cracker Kiwi Green Beans Red Pepper Slices	Breakfast: Omelet & Toast or Cereal Lunch: Bean & Beef Burrito w/ Cheese & Salsa Diced Pears Carrots Chocolate Chip Cookie	Breakfast: Pancakes or Cereal Lunch: Chicken Nuggets WG Tea Roll Red Apple Mashed Potatoes & Gravy	Breakfast: Breakfast Pizza or Cereal Lunch: Cheese Pizza Tropical Fruit Salad Romaine Lettuce Salad Cauliflower	NO SCHOOL
NO SCHOOL	Breakfast: Omelet & Toast or Cereal Lunch: Chinese Rice Orange Steamed Carrots Red Pepper Slices	Breakfast: Pancakes or Cereal Lunch: Soft Taco w/ Cheese Apple Juice Refried Beans Shredded Lettuce	Breakfast: Breakfast Pizza or Cereal Lunch: Breaded Pork on WG Bun Diced Peaches Corn Celery	Breakfast: French Toast or Cereal Lunch: Chicken Alfredo WG Breadstick Kiwi Steamed Broccoli Green Pepper Slices
Breakfast: Pancake on Stick or Cereal Lunch: Chicken Parmesan WG Dinner Roll Golden Apple Carrots Cauliflower	Breakfast: Omelet & Toast or Cereal Lunch: Fiesta Pizza Pineapple Tidbits Romaine Lettuce Salad Tomato Slices	Breakfast: Pancakes or Cereal Lunch: Mini Corndogs Strawberries Baked Beans Cucumber Slices	Breakfast: Breakfast Pizza or Cereal Lunch: Grilled Chicken on WG Bun Grapes Green Beans Broccoli	Breakfast: French Toast or Cereal Lunch: Breaded Beef WG Tea Roll Rosy Applesauce Mashed Potatoes & Gravy

Meal Prices in Effect for 2013-2014

Breakfast: Elementary & MS/HS - \$1.40
 Visitor - \$2.50
Lunch: Elementary - \$2.25
 MS/HS - \$2.45
 Visitor - \$3.45
 Milk .40 cents Juice .40 cents

*****MILK IS SERVED WITH ALL MEALS*****

Choice of Fruit and/or Juice offered daily with Breakfast.
 Juice is 100% Vitamin C
 Bread is Whole Grain (WG) or Wheat

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.htm, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202)690-7442 or email at program.intake@usda.gov.

Individual who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.

As stated above, all protected bases do not apply to all programs, "the first six protected bases of race, color, national origin, age, disability and sex are the six protected bases for applicants and recipients of the Child Nutrition Programs.

