



## May Hot Lunch 2013

### Ashland-Greenwood Hot Lunch

		1	2	3
		<b>Breakfast:</b> Omelet/Toast or Cereal <b>Lunch:</b> Shredded BBQ Pork WG Bun Carrots Broccoli Apple	<b>Breakfast:</b> French Toast or Cereal <b>Lunch:</b> Breaded Beef WG Tea Roll Mashed Potatoes & Gravy Mandarin Oranges	<b>Breakfast:</b> Pancakes or Cereal <b>Lunch:</b> Burrito w/ Salsa Refried Beans Corn Melon Fruit Salad
6	7	8	9	10
<b>Breakfast:</b> Breakfast Pizza or Cereal <b>Lunch:</b> Hamburger on WG Bun Tator Tots Broccoli Banana	<b>Breakfast:</b> Pancake on Stick or Cereal <b>Lunch:</b> Chicken Wrap w/ Cheese Romaine Lettuce Salad Tomato Slices Orange	<b>Breakfast:</b> Omelet/Toast or Cereal <b>Lunch:</b> Mini Corndogs Green Beans Celery Diced Peaches	<b>Breakfast:</b> French Toast or Cereal <b>Lunch:</b> BBQ Pork Rib on WG Bun Baked Beans Red Pepper Slices Pineapple Tidbits	<b>Breakfast:</b> Pancakes or Cereal <b>Lunch:</b> Cheese Pizza Steamed Carrots Cucumber Slices Apple
13	14	15	16	17
<b>Breakfast:</b> Breakfast Pizza or Cereal <b>Lunch:</b> Chicken Parmesan Breadstick Steamed Asparagus Diced Pears	<b>Breakfast:</b> Pancake on Stick or Cereal <b>Lunch:</b> Hot Dog on WG Bun Baked Beans Cauliflower Mandarin Oranges	<b>Breakfast:</b> Omelet/Toast or Cereal <b>Lunch:</b> Chicken Nuggets WG Tea Roll Mashed Potatoes & Gravy Rosy Applesauce	<b>Breakfast:</b> French Toast or Cereal <b>Lunch:</b> Chinese Rice Carrots Green Pepper Slices Kiwi	<b>Breakfast:</b> Pancakes or Cereal <b>Lunch:</b> Mozzarella Cheese Sticks Steamed Broccoli Celery Mixed Fruit
20	21	22	23	
<b>Breakfast:</b> Breakfast Pizza or Cereal <b>Lunch:</b> Breaded Chicken on WG Bun Green Beans Mandarin Oranges Pudding Cup	<b>Breakfast:</b> Pancake on Stick or Cereal <b>Lunch:</b> Soft Taco w/ Cheese Refried Beans Shredded Lettuce Strawberry Cup	<b>Breakfast:</b> Omelet/Toast or Cereal <b>Lunch:</b> Pizza Vegetables Vegetables Fruit	<b>Breakfast:</b> French Toast or Cereal <b>Lunch:</b> Crispito w/ Cheese Crackers Vegetables Fruit	

### Meal Prices in Effect for 2012-2013

*Breakfast:* Elementary & MS/HS - \$1.30  
                   Visitor - \$2.25  
*Lunch:* Elementary - \$2.15  
                   MS/HS - \$2.35  
                   Visitor - \$3.35  
 Milk .40 cents      Juice .40 cents

**\*\*\*\*\*MILK IS SERVED WITH ALL MEALS\*\*\*\*\***

Juice is 100% Vitamin C  
 Bread is Whole Grain (WG) or Wheat



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