

October Menu 2014

Ashland-Greenwood Breakfast/Lunch

Breakfast: Cheesy Omelet w/ wg Toast Or Cereal w/ wg Toast Fruit Lunch: Breaded Chicken on wg bun Green beans Celery Strawberries	29	Breakfast: WG Pancakes Or Cereal w/ wg Toast Fruit or Juice Lunch: Chili w/ beans Corn chips Cinnamon roll Carrots Juice cup	30	Breakfast: Breakfast Sandwich Or Cereal w/ wg Toast Fruit Lunch: Hot dog on wg bun Corn Pepper slices Diced peaches	1	Breakfast: WG Pancake on Stick Or Cereal w/ wg Toast Fruit or Juice Lunch: Pepperoni pizza Romaine lettuce salad Cucumber slices Kiwi	2	Breakfast: WG Breakfast Pizza Or Cereal w/ wg Toast Fruit Lunch: Chicken tenders WG dinner roll Au gratin potatoes Mandarin oranges	3
Breakfast: Cheesy Omelet w/ wg Toast Or Cereal w/ wg Toast Fruit Lunch: Elem: Teriyaki chicken MSHS: General Tso chicken Rice Broccoli Red pepper slices Golden apple	6	Breakfast: WG French Toast Or Cereal w/ wg Toast Fruit or Juice Lunch: Crispito w/ cheese WG Scooby crackers Green beans Cauliflower Mixed fruit	7	Breakfast: Breakfast Sandwich Or Cereal w/ wg Toast Fruit Lunch: Breaded pork on wg bun Tater tots Celery Rosy applesauce	8	Breakfast: WG Pancake on Stick Or Cereal w/ wg Toast Fruit or Juice Lunch: Chicken alfredo WG Breadstick Carrots Green pepper slices Orange	9	Breakfast: WG Breakfast Pizza Or Cereal w/ wg Toast Fruit Lunch: Hamburger on wg bun Baked Beans Cucumber slices Grapes	10
Breakfast: Cheesy Omelet w/ wg Toast Or Cereal w/ wg Toast Fruit Lunch: Cheese Pizza Steamed Carrots Celery Diced pears	13	Breakfast: WG French Toast Or Cereal w/ wg Toast Fruit or Juice Lunch: Chicken Fajita w/ cheese Churro Refried Beans Shredded lettuce Red apple	14	Breakfast: Breakfast Sandwich Or Cereal w/ wg Toast Fruit Lunch: Breaded beef WG Dinner roll Mashed Potatoes & Gravy Celery Kiwi	15	Breakfast: WG Pancake on Stick Or Cereal w/ wg Toast Fruit or Juice Lunch: Malibu chicken WG bread & butter sandwich Steamed Broccoli Cauliflower Mandarin oranges	16	NO SCHOOL Staff In-Service	17
Breakfast: Cheesy Omelet w/ wg Toast Or Cereal w/ wg Toast Fruit Lunch: WG Pizza Mozzarella Cheese Sticks w/ Marinara sauce Green beans Cucumber slices Mixed fruit	20	Breakfast: WG French Toast Or Cereal w/ wg Toast Fruit or Juice Lunch: Chicken Nuggets WG Dinner roll Mashed Potatoes & Gravy Carrots Orange	21	Early Dismissal Breakfast: Breakfast Sandwich Or Cereal w/ wg Toast Fruit Lunch: Sloppy Joe on WG bun Baked beans Pepper slices Tropical fruit salad	22	Breakfast: WG Pancake on Stick Or Cereal w/ wg Toast Fruit or Juice Lunch: WG Toasted Cheese Sandwich Tomato Soup WG Crackers Broccoli Red apple	23	NO SCHOOL	24
Breakfast: Cheesy Omelet w/ wg Toast Or Cereal w/ wg Toast Fruit Lunch: Elem: Meatballs & WG Dinner roll MSHS: Meatball Sub All: Steamed Asparagus Cauliflower Kiwi	27	Breakfast: WG French Toast Or Cereal w/ wg Toast Fruit or Juice Lunch: Ham/Turkey/Cheese Rollup WG Cheez It crackers Romaine lettuce Salad Tomato Wedges Diced Pears	28	Breakfast: Breakfast Sandwich Or Cereal w/ wg Toast Fruit Lunch: Spaghetti w/ meat sauce WG Breadstick Corn Orange	29	Breakfast: WG Pancake on Stick Or Cereal w/ wg Toast Fruit or Juice Lunch: BBQ rib on wg bun Steamed Carrots Green pepper slices Grapes	30	HAPPY HALLOWEEN Breakfast: WG Breakfast Pizza Or Cereal w/ wg Toast Fruit Lunch: Witch's Stew---Chili w/ Beans Scarecrow Teeth---WG corn chips Skeleton Bones---Celery Snake Venom---Juice Cup Trick or Treat Sweet---Cinnamon Roll	31
Breakfast: Cheesy Omelet w/ wg Toast Or Cereal w/ wg Toast Fruit Lunch: Hot dog on wg bun Baked beans Cucumber slices Mandarin oranges	3	Breakfast: WG French Toast Or Cereal w/ wg Toast Fruit or Juice Lunch: Chicken tenders WG Dinner roll Au Gratin potatoes Strawberries	4	Breakfast: Breakfast Sandwich Or Cereal w/ wg Toast Fruit Lunch: Super Nachos WG Dinner roll Broccoli Red apple	5	Breakfast: WG Pancake on Stick Or Cereal w/ wg Toast Fruit or Juice Lunch: Cheese Pizza Spinach garden salad Celery Mixed fruit	6	Breakfast: WG Breakfast Pizza Or Cereal w/ wg Toast Fruit Lunch: Elem: WG French toast sticks MSHS: French dip Sweet potato tots Green pepper slices Kiwi	7

Meal Prices in Effect for 2014-2015

Breakfast: Elementary & MS/HS - \$1.50
 Visitor - \$3.00
Lunch: Elementary - \$2.35
 MS/HS - \$2.55
 Visitor - \$3.75
 Milk .40 cents Juice .40 cents

*****MILK IS SERVED WITH ALL MEALS*****

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